



— A PLAY-BASED WELLBEING PROGRAM

Student Voice, Agency & Leadership

An immersive, play-based experience that empowers students to become wellbeing champions across their school community.

BACKED BY LA TROBE UNIVERSITY • 600+ SCHOOLS & ORGANISATIONS • 25+ COUNTRIES

BY THE SCHOOL OF PLAY

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Wellbeing students *lead*. Not just learn about.

The School of Play Student Voice, Agency & Leadership Program is an immersive, play-based wellbeing experience designed to empower students to become wellbeing champions within their school community.

This is not a lecture-style program. It is hands-on, energetic and deeply engaging, built around play-based experiences that create connection, laughter and meaningful leadership growth.

Students move, collaborate, solve challenges and lead together. Through these experiences they develop a powerful sense of belonging, confidence and connection. Students consistently leave our sessions feeling more connected, more valued and more empowered than when they walked in.

Students don't just participate in wellbeing. They lead it.



Leadership students *practise*, not just discuss

This program equips student leaders with the tools to actively strengthen wellbeing and connection across their school. Students learn how to:

- Facilitate play-based wellbeing activities
- Lead engaging workshops with younger students
- Build connection across year levels
- Strengthen school culture through positive leadership

Leadership becomes something students practise regularly, not just something they talk about.

— AN IMMERSIVE LEADERSHIP EXPERIENCE

Delivered as a half-day or full-day workshop, the program immerses students in a series of powerful play-based leadership experiences that develop:

Communication
and confidence

Teamwork and
trust

Emotional
intelligence

Belonging and
connection

Leadership
through action

By the end of the session, students are equipped to lead and facilitate wellbeing activities back within their own school community.



Leaders who carry it across the whole school

A key outcome of the program is empowering students to become facilitators of connection within their school.

Students gain multiple opportunities throughout the year to deliver play-based wellbeing sessions with:

● Their own class

● Younger year levels

● Buddy programs

● Whole-school wellbeing initiatives

This repeated leadership exposure helps students build confidence, leadership capability and a strong sense of purpose.



A program built to last and to lead itself

1

Student Leadership Workshop

A highly engaging half-day or full-day immersive leadership experience, delivered by The School of Play team.

2

Student Agency & Leadership Platform

Access to the School of Play digital platform, which guides and supports student leaders to confidently deliver play-based wellbeing workshops within their school. The platform includes:

- Structured leadership guidance for facilitators
- Step-by-step workshop support
- A large library of play-based activities
- Facilitation resources and materials

20 weeks of lesson plans

80 activities

3

Student Leadership Resources

A student leadership booklet and facilitation tools to support planning and delivery of activities.

4

Ongoing Support

The School of Play team works alongside your school to ensure the program is sustainable, impactful and embedded into the culture of your school.

This platform enables student leaders to **independently run wellbeing experiences** while being supported with clear guidance and resources.

— THE IMPACT

Students don't just take part in wellbeing. They **lead** it.

When students are empowered to lead connection, the impact across the school is powerful. Schools often see:

● Increased student belonging

● Stronger peer relationships

● Greater student voice and leadership

● A more connected, positive culture



Helping people build happier, healthier and more connected lives through play.

— LET'S TALK

Turn your students into wellbeing champions.

Scan the code to book a discovery call and see how the program could look at your school.



Scan to book a discovery call



theschoolofplay.co